



Center for Human Services

changing lives building futures helping families

PROGRAMS AT A GLANCE

Center for Human Services (CHS) was established as a local 501c3 non-profit in 1970 to serve youth and families. Currently CHS serves tens of thousands of children, individuals and families annually in the Central Valley, primarily Stanislaus County, through seven core program areas.



SHELTER SERVICES

- Hutton House – Temporary shelter for 13-17 year old runaway and homeless teens
- Pathways – Transitional living, life skills & employment training for 18-21 year olds, many of them former foster care youth



YOUTH SERVICES

- Friday Night Live, Youth development program focused on substance abuse prevention
- On the Safe Side - Pedestrian and traffic safety for 3-5 year olds
- Eating Disorder Prevention and Healthy Body Image Presentations
- Patterson Teen Center, a one stop center for teens
- Alcohol and Other Drug abuse treatment prevention at Ceres and Patterson FRC sites



JUVENILE JUSTICE SERVICES

- Youth Court – a peer jury program
- Diversion for first time juveniles offenders
- Alcohol and Other Drug abuse treatment group for juveniles in custody



MENTAL HEALTH SERVICES

- Managed Care Groups
- Community Counseling, no or low cost counseling services
- Parent Mentor Program providing support services
- LMFT & LCSW Training site in association with local universities



SCHOOL BASED SERVICES

- Counseling Services for youth and families
- Student Assistance Program, early intervention and support



FAMILY RESOURCE CENTERS

- Ceres Partnership for Healthy Children
- Patterson FRC
- Eastside FRC
- Newman FRC



SUBSTANCE ABUSE TREATMENT

- First Step –outpatient treatment for pregnant and parenting women with children 5 years of age or younger. (A partnership with Sierra Vista Children and Family Services)
- Teen Alcohol and Other Drug abuse treatment - this group works from an evidenced based curriculum. The focus of treatment is to move clients through the five stages of change; pre-contemplation, contemplation, preparation, action and maintenance.